

# Conejo Valley Jewish Support Groups

The Jewish Community of the Conejo Valley is joining together to offer support for those in need. Two groups are forming to guide those who have experienced the loss of a loved one or are caregivers for loved ones with chronic or terminal illnesses. Join our professional facilitators for weekly meetings at our local synagogues for support, guidance, compassion and community.

For those grieving  
the loss of a loved one

7:00-8:30 p.m.  
Monday Evenings  
At Temple Etz Chaim

Please contact:  
Helaine Esterson, LCSW: (818) 701-2050  
or  
Patty Kaye, RN, MS: (805) 496-4090

For those caring for someone  
with chronic or terminal illnesses

3:30-5:00 p.m.  
Monday afternoons  
At Temple Adat Elohim

Please contact:  
Elana Eisner, MA Mft: (818) 879-8030  
or  
Laya Tamar, LCSW: (805) 496-2455

Fee: \$30 per month

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Conejo Valley Jewish Support Groups are made possible  
through the generosity of the following organizations:



**TEMPLE ADAT ELOHIM**  
your place to learn...grow...connect...

2420 East Hillcrest Drive  
Thousand Oaks  
Phone: 805-497-7101



29900 Ladyface Court  
Agoura Hills  
Phone: 818-991-7111



**עץ חיים**  
**Temple Etz Chaim**

1080 East Janss Road  
Thousand Oaks  
Phone: 805-497-6891